

Suffolk Advice and Support Service

Don't struggle alone this Christmas:

If you are worried about how to pay the bill that has just come through the letterbox or you're struggling to make ends meet this Christmas, the Suffolk Advice and Support Service phone line (0800 068 3131) is there to help.

It helps those with debt, benefits, employment or housing worries and may be able to help where other services may have failed.

This phonenumber, also delivered by the Collaborative Communities Covid-19 Board, is staffed by the Citizens Advice Suffolk Alliance, which includes the eight Citizens Advice Bureaus across Suffolk, and Anglia Care Trust, and Ipswich Housing Action Group.

Call handlers use resources and information from across many Suffolk organisations and specialist providers, which are tailored to individual needs. Don't worry in silence, give them a call.